

Carers Strategy Draft Delivery Plan 2019-2023

The following table sets out our proposals for action which will be taken forward by the Carer Strategy Reference Group and partners who will be tasked with developing the detailed plan of their commitments once the Strategy has been approved.

Being Active Citizens - All Residents live healthy lifestyles and are enabled to be economically, socially and physically active					
For Carer's, this means:					
<ul style="list-style-type: none"> • Carers physical, emotional, financial wellness and resilience is maintained • Young Carers protected from inappropriate caring responsibilities learn, develop and thrive 					
Priorities	Proposed actions	Proposals on how this may be achieved	Suggested Lead	Target date	Measure of success
Building Carer Aware and friendly Communities	Continue to raise awareness of carers and young carers within the wider community, during Carers Week in January (Young Carers) and June and Carers Rights Day in November.	A multi-agency task and finish group to develop a number of joint initiatives and promotional events.	Carers Forum/ LBS/ SCCG	June 2020	% of Carers that are engaged and consulted with: Increase in the number of young Carers being assessed by the local authority ¹
Support Young Adult Carers to be economically active	Support Young Carers into employment such as through supported apprenticeships, and or supported employment initiatives & or use of mentors.	Form part of the Outcome Based Commissioning reviews (specifically Being Active Citizens)	Outcome based Commissioning Team and Partners	2020 /21	Evidence of Young Carers taking up apprenticeships/ internships.
Supporting Carers in Work	Support the recruitment & retention of carers.	Capture information on carers experiences through staff annual survey.	LBS / HR	April 2020	Evidence of Involving carers in improving policies and systems.

¹ Under the Children & Families Act 2014 has a duty to assess whether the young person in their area has needs for support (baseline 2018-19)

		Providing information on Allies & Staff Network as part of the staff induction process.			
	Raise awareness and profile of working carers to create positive workplaces for carers	Working with our Health and voluntary & community sector partners to promote benefits of carer friendly working practices.	LBS/CCG	April 2020	Evidence of carer friendly working practices.
Supporting Carers health and wellness	Ensure Carers are supported to access a wide range public health promotion and communities initiatives (such as health checks & flu jabs / healthy walks etc)	Exploring opportunities in working in new ways, such as Social Prescribing	Outcome based Commissioning Team and Partners	2020 / 21	% increase in carers who report that they have enough social contact (ASCOF, Baseline 2016) ²

² Please note, as the most recent ASCOF Survey (for Carer's) has only just closed, we will be using this data when it is published.

Making Informed Choices - where individuals, families and communities are able to access a diverse range of information, advice and guidance to make informed choices for sustained change

For Carer's this means:

- Carers in control (of their life) make decisions and choices that are right for them;
- Fulfil their personal goals and sustain their caring role through access to good quality information advice and guidance along their caring pathway

Priorities	Proposed actions	Proposals on how this may be achieved	Suggested Lead (s)	Target date	Measure of success
Carers can access good quality information early on and at the different transition points along their caring pathway enabled to make informed choices about their lives and caring responsibilities.	Review existing provision to ensure Universal information, advice & guidance services are commissioned and deliver outcomes for Carers where ever they access support.	Form part of the Outcome Based Commissioning reviews (specifically Making Informed Choices)	Outcome based Commissioning Team and Partners	2020/21	% increase of carers report easy to access information and advice guidance ³

³ Please note, as the most recent ASCOF Survey (for Carer's) has only just closed, we will be using this data when it is published.

Living Well Independently - where we build on individual or community resilience and their assets to help people maintain their independence so they can be safe live full, safe and independent lives.

For Carer's this means:

- Carers have access to a range of resources including individual and community networks and assets to balance their caring and have a life outside caring;
- Carers are valued, recognised and involved in the care planning of the person they care for and have a voice in shaping care provision.

Priorities	Proposed actions	Proposals on how this may be achieved	Suggested Lead(s)	Target date	Measure of success
Timely Carer Assessments reviews and support planning	Ensure that we have an assessment process that meets the needs of Carers, supports early intervention.	Exploring and piloting other options of undertaking carer needs assessments and reviews (Applying for resources through Carer Innovation Fund when published by the Government).	Outcome based Commissioning Team/Social Care Team and Partners	2020 / 21	% Increase in the number of carers who have been assessed or reviewed and outcome during the year (baseline 2017-18) ⁴
	Ensure young carers and families as well as young carers transitioning to adults receive an assessment of need	Reviewing the protocol between Adults and children services and involving key partners Sutton Carers Centre	People Directorate - Social Services	2019 / 2020	Evidence of young Carers being assessed by the local authority ⁵
Transforming Carer Support to meet the needs of carers - emphasis on supporting self-reliance and creating opportunities to reach and connect	Relieve the pressures of caring (prevent, delay, or reduce the risk of needs escalating) enabling carers to stay independent and healthy.	Reviewing the support currently available to Carers ensuring future provision is commissioned that eases the pressures of caring.	Outcome based Commissioning Team and Partners	2020 / 21	Survey reported increase in wellbeing (ASCOF, baseline 2016) ⁶

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⁵ Under the Children & Families Act 2014 has a duty to assess whether the young person in their area has needs for support (baseline 2018-19)

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communities with local resources.					
Developing a Carer aware workforce across all agencies	Embed the Triangle of Care standards across all partner organisations recognising, involving and supporting carers.	Continue to work with GPs (currently through Sutton Carers Centre) to establish Carers Champions in each GP practice and partner agencies e.g.within Schools.	LBS/SCCG/ partner agencies	April 2020	Increase in the number of carers and young carers needs assessed and (Carers) (baseline 2018-2019) ⁷
Young Carers protected from inappropriate caring responsibilities learn, develop and thrive	Raise awareness with professionals within schools and other agencies to identify young carers and ensure that information is shared as children transition.	This will need to be reviewed as part of the Early Help Strategy and review of the Young Carers Protocol.	Schools & Education	ongoing	Evidence of young Carers being assessed by the local authority ⁸
Improve access to technological options to support carers, ease & or balance the pressures of their caring responsibilities.	Embed telecare and other assisted technology developments/options (to support individuals independence) within the carer assessment process to ensure that they are routinely discussed to ease the pressures of caring	The review, and implementation of new Assistive Technology & Telecare Services offer.	Outcomes Based Commissioning Team	April 2020	% increase in Carers who report ability to maintain control over their daily lives and maintain caring role (ASCOF)

Keeping Safe - A joined up approach by all public services to ensuring that vulnerable residents are supported and kept safe.

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⁸ Under the Children & Families Act 2014 has a duty to assess whether the young person in their area has needs for support) (Baseline 2018-19)

For Carer's this means:

- Carers are identified early and supported to identify solutions and care safely

Priorities	Proposed actions	Proposals on how this may be achieved	Suggested Lead	Target date	Measure of success
Carers are supported to care safely, their needs and the person they care for safeguarded	Train carers to support them to understand the needs of those they are caring for and undertake their caring tasks safely.	The Outcome Based Commissioning Reviews	Outcome based Commissioning Team and Partners	2020/21	% Increase in Carers who report they feel safe (ASCOF, Baseline 2016) ⁹
Carers identified early, supported to care safely	To continue to work with GP practices to ensure they identify, support and signpost carers in Sutton.	Continue to work with Sutton Carers Centre and Healthwatch & Patient Participation Groups (PPG) & Patient Reference Group (PRG) to look at how well practices are identifying, supporting and signposting carers in Sutton.	Sutton Carers Centre/Healthwatch (PRG & PPG lead) SCCG	December 2019	% Increase in Carers who report they feel safe (ASCOF, Baseline 2018) ¹⁰

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